



AS3MT facilitates NLRP3 inflammasome activation by m⁶A modification during arsenic-induced hepatic insulin resistance

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Abstract N⁶-methyladenosine (m⁶A) messenger RNA methylation is the most widespread gene regulatory mechanism affecting liver functions and disorders. However, the relationship between m⁶A methylation and arsenic-induced hepatic insulin resistance (IR), which is a critical initiating event in arsenic-induced metabolic syndromes such as type 2 diabetes (T2D) and non-alcoholic fatty liver disease (NAFLD), remains unclear. Here, we showed that arsenic treatment facilitated methyltransferase-like 14 (METTL14)-mediated m⁶A methylation, and that METTL14 interference reversed arsenic-impaired hepatic insulin sensitivity. We previously showed that arsenic-induced NOD-like receptor protein 3 (NLRP3) inflammasome activation contributed to hepatic IR. However, the regulatory mechanisms

underlying the role of arsenic toward the post-transcriptional modification of NLRP3 remain unclear. Here, we showed that NLRP3 mRNA stability was enhanced by METTL14-mediated m⁶A methylation during arsenic-induced hepatic IR. Furthermore, we demonstrated that arsenite methyltransferase (AS3MT), an essential enzyme in arsenic metabolic processes, interacted with NLRP3 to activate the inflammasome, thereby contributing to arsenic-induced hepatic IR. Also, AS3MT strengthened the m⁶A methylase association with NLRP3 to stabilize m⁶A-modified NLRP3. In summary, we showed that AS3MT-induced m⁶A modification critically regulated NLRP3 inflammasome activation during arsenic-induced hepatic IR, and we identified a novel post-transcriptional function of AS3MT in promoting arsenicosis.

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Introduction

Exposure to inorganic arsenic (iAs) poses an environmental threat to public health (Argos et al. 2010, Zhang et al. 2020). Over 200 million people ingesting iAs from drinking water at level above the World Health Organization (WHO) standard of 10 µg/L (Naujokas et al. 2013). Therefore, it is of great public health importance to investigate the mechanism of inorganic arsenic-induced type 2 diabetes (T2D). Hepatic insulin resistance (hepatic IR) is an important pathology of T2D, and a key pathophysiological step in non-alcoholic steatohepatitis (NASH) and T2D pathogenesis (Allen and Neuschwander-Tetri 2021; Ferguson and Finck 2021; Loomba et al. 2021). We previously demonstrated an association between iAs and hepatic IR (Gao et al. 2019, Jia et al. 2020); however, the mechanism of early onset of arsenic-induced hepatic IR remains unclear. Therefore, it is important to explore the molecular mechanisms and therapeutic targets of early onset hepatic IR to prevent and treat arsenicosis.

The NOD-like receptor protein 3 (NLRP3) inflammasome is a protein complex composed of NLRP3, apoptosis-associated speck-like protein containing a CARD (ASC), and pro-caspase-1, and is a core molecule of pyroptosis (Schroder and Tschopp 2010; Shi et al. 2017). Inflammasome activation is a critical regulatory mechanism in several inflammatory diseases, including coronavirus disease 2019 (COVID-19), atherosclerosis, neurodegeneration, and T2D (Vandanmagsar et al. 2011; Grebe et al. 2018; Ising et al. 2019, Rodrigues et al. 2021). We previously demonstrated that iAs induced NLRP3 inflammasome activation via the autophagic-lysosomal pathway and mitochondrial reactive oxygen species (mtROS) in hepatocytes, and ER stress in hepatic stellate cells (HSCs) (Qiu et al. 2018, Jia et al. 2020, Tao et al. 2021). However, the molecular mechanism whereby iAs affects the post-transcriptional modification of NLRP3 remains elusive.

Among more than 100 distinct *in vivo* chemical modifications, N⁶-methyladenosine (m⁶A) is the most common, abundant, and conserved post-transcriptional modification in eukaryotic cells (Nombela

et al. 2021). Methyltransferases (e.g., writers such as METTL14, METTL3, and WTAP), binding proteins such as YTH domain-containing family proteins (YTHDFs) and Insulin-like growth factor 2 mRNA-binding proteins (IFG2BPs), and demethylase such as FTO and ALKBH5 mediate m⁶A modification in messenger RNA (mRNA) (Huang et al. 2018a; Zong et al. 2021). m⁶A regulates the RNA decay, translation, transcription, and RNA–protein interactions (Zhao et al. 2017; Frye et al. 2018; Liu et al. 2020) and plays an essential roles in the development and progression of several disease processes, including cancer, Alzheimer’s disease, and non-alcoholic fatty liver disease (NALFD) (Wang et al. 2020; Yi et al. 2020; Zhao et al. 2020b; Wang et al. 2021). For example, METTL14 knockdown or deficiency increases mitochondrial antiviral signaling (MAVS) mRNA stability and enhances downstream TBK1/IRF3 phosphorylation and interferon-β production in response to RNA viruses (Qin et al. 2021). In some endometrial cancers, reduced m⁶A mRNA methylation is a putative oncogenic mechanism, with m⁶A methylation regulating the AKT pathway and cell growth (Liu et al. 2018). However, the role of m⁶A methylation in arsenicosis remains unknown.

Arsenite methyltransferase (AS3MT) catalyzes the transfer of a methyl group from S-adenosylmethionine (SAM) to trivalent arsenicals to produce methylated and dimethylated arsenicals (Zhang et al. 2015; Chen et al. 2017). Although there remain different opinions, the conversion of iAs to DMA is considered a detoxification mechanism because the toxicity of DMA is lower than that of iAs. However, arsenic methylation can also be a bioactivation process because the toxicity of intermediate metabolites such as monomethylarsonous acid (MMA) is much higher than that of iAs in terms of acute toxicity (Styblo et al. 2000). Epidemiological studies have found that AS3MT is closely associated with iAs-induced IR and diabetes, but the mechanism remains unclear (Grau-Perez et al. 2017, Huang et al. 2018b). Changes in the expression of m⁶A regulators induce noticeable pathological and physiological aberrations in liver function (Zhao et al. 2020b). However, whether AS3MT as a methyltransferase plays a crucial roles in the changes induced by iAs is unknown. Therefore, it is important to ascertain whether iAs affect liver disease progression by regulating m⁶A modification levels and whether AS3MT plays a role in this process.

Thus, we hypothesized that iAs induced NLRP3 inflammasome activation by regulating AS3MT-mediated m⁶A modification to facilitate early onset of hepatic IR.

Methods and materials

Animals

Six-week-old C57BL/6 J male mice were purchased from the Institute of Genome Engineered Animal Models for Human Disease of Dalian Medical University. Mice were exposed to drinking water containing As₂O₃ (Sigma-Aldrich, 1327–53-3) at 4 mg/l for 6 weeks to investigate the effects of As₂O₃ on hepatic insulin sensitivity. The control group was given distilled water (*n* = 6 for each group). After 6 weeks, animals were humanely euthanized and liver and whole blood collected for study. The Animal Ethics Committee of Dalian Medical University approved all animal care and study procedures (AEE18065).

Cell culture and pretreatment

Human fetal hepatocyte cells, L-02 (Advanced Research Center of Central South University) were cultured in RPMI-1640 medium (Eallbio, 03.4007C) supplemented with 10% fetal bovine serum (Biological Industries, 1,707,254) and 1% antibiotics (Hyclone, HYC-SV30010) in a 5% CO₂ humidified atmosphere at 37 °C. Additionally, 3.96 mg As₂O₃ was dissolved in 1 ml phosphate-buffered saline (PBS) to prepare a 20 mM stock solution. L-02 cells were treated with 0 or 4 μM As₂O₃ 24 h.

For studies, L-02 cells were pre-treated with 1 μM of the NLRP3 inhibitor, MCC950 (MCE, HY-12815A) before As₂O₃ treatment, or 5 μg/ml actinomycin D (ActD, AbMole, M4881) for 0 h, 3 h, and 6 h after As₂O₃ treatment.

Oral glucose tolerance test (OGTT)

After As₂O₃ exposure for 6 weeks, 6 mice/group were fasted overnight and received a glucose challenge via oral gavage (2 g/kg body weight). Blood samples were collected before and at 15, 30, 60, and 120 min after glucose loading. Glucose levels in tail blood were determined using an Accusure-580 glucose analyzer (Yuwell, China).

Insulin tolerance test (ITT)

After As₂O₃ exposure for 6 weeks, 6 mice/group were fasted for 6 h and received insulin (0.5 U/kg body weight) via intraperitoneal injection. Glucose levels in tail blood were determined at 0, 15, 30, and 60 min after insulin injection using the Accusure-580 glucose analyzer (Yuwell, China).

Histopathological examination

Liver tissues from mice were fixed in 10% neutral buffered formalin, dehydrated in graded ethanol concentrations, embedded in paraffin, sectioned at 4 μm, and stained with hematoxylin and eosin (H&E) for blinded assessment under light microscopy (40×10, Olympus BX63, Japan).

Immunohistochemistry (IHC) staining

Paraffin-embedded sections were deparaffinized and rehydrated. Sections were microwaved in 0.01 M citrate buffer, washed in PBS for 15 min, and then treated with a blocking buffer containing 5% bovine serum albumin for 20 min at room temperature. After this, sections were incubated with a rabbit polyclonal anti-AS3MT antibody (1:200) (Santa Cruz, sc-376537) at 4°C overnight. After washing three times in PBS, a secondary antibody was added and immunostaining was performed using a DAB kit (ZSGB-BIO, ZLI-9108). AS3MT positive areas were measured using ImageJ (National Institutes of Health, Bethesda, MD, USA).

Western blotting

Proteins were extracted from L-02 cells or mouse liver sections using RIPA lysis buffer (Merck Millipore, 92,590). Cytoplasm and nucleoprotein fractions were extracted and separated using a nuclear and cytoplasmic protein extraction kit (KeyGEN BioTECH, KGP1100). Proteins were separated by sodium dodecyl sulfate–polyacrylamide gel electrophoresis and blotted onto polyvinylidene fluoride membranes (Merck Millipore, ISEQ00010) using a wet electrophoretic transfer method. Membranes were blocked for 1 h in 10% powdered skimmed milk at 37 °C and then incubated with primary antibodies (Table 1) at 4 °C overnight. After washing in

Table 1 Information of antibodies

Antibodies	Source	Identifier
AS3MT	Santa Cruz	sc-376537
NLRP3	Cell Signaling Technology	15101S
	Wableibio	WL02635
NLRC4	Abcam	ab201792
AIM2	Abcam	ab180665
ASC	Wanleibio	WL02462
Pro-caspase-1	Wanleibio	WL02996
Caspase-1 p20	Affinity	DF6148
Pro-IL-1 β	Wanleibio	WL02257
IL-1 β	Affinity	AF4006
Akt	Affinity	AF6261
p-Akt	Affinity	AF0016
GSK3 β	Affinity	BF8003
p-GSK3 β	Affinity	AF2016
METTL3	Proteintech	15073-1-AP
METTL14	Proteintech	26158-1-AP
YTHDF1	Proteintech	17479-1-AP
YTHDF2	Proteintech	24744-1-AP
IGF2BP1	Proteintech	22803-1-AP
IGF2BP2	Proteintech	11601-1-AP
ALKBH5	Proteintech	16837-1-AP
FTO	Proteintech	27226-1-AP

PBS, membranes were incubated with a horse radish peroxidase-conjugated secondary antibody (Table 1) for 1.5 h at room temperature or 4 °C overnight. Protein expression was assessed using an enhanced chemiluminescence kit (Beyotime, P0018), imaged on a Bio-Rad ChemiDoc TMMP system, and analyzed by ImageJ software (National Institutes of Health).

Quantitative real-time PCR (RT-qPCR)

Total RNA from mouse liver was isolated using an RNA extraction kit (Accurate Biology, AG21017). Samples were prepared for RT-qPCR using the Evo M-MLV RT Premix for qPCR (Accurate Biology, AG11706) and SYBR Premix Ex Taq™ (Accurate Biology, AG11702). RT-qPCR was performed on a Rotor-Gene Q instrument (Qiagen, Germany). The relative expression of target genes was calculated using the 2- $\Delta\Delta$ Ct method, and each sample was

performed in triplicate. Primer sequences are shown (Tables 2 and 3).

RNA lifetime measurement

L-02 cells were seeded in 6-cm plates. After 24 h, cells were transfected with small interfering RNA (siRNA). After As₂O₃ treatment, ActD was added at 5 μ g/ml 6 h, 3 h, and 0 h before collection. Total RNAs were extracted using an RNA extraction kit (Accurate Biology) and analyzed by RT-qPCR.

Enzyme-linked immunosorbent assay (ELISA)

Culture supernatant and serum insulin IL-1 β and IL-18 levels were detected using ELISA kits (Longton, BPE20353, BPE10083, BPE10092, BPE20532, BPE11385) according to manufacturer's instructions. The absorbance was measured on a microplate reader (Spectra MR, Dynex, USA).

Glucose uptake assay

Insulin sensitivity was evaluated by insulin-stimulated glucose intake in L-02 cells seeded in 96-well plates, incubated with 100 nM insulin for 30 min in a serum-free medium at the end of treatment. Glucose levels were measured using a glucose assay kit (Nanjing Jiancheng Bioengineering Institute, F006).

Measurement of m⁶A content

Total RNA from mouse livers or L-02 cells was isolated using an RNA extraction kit (Accurate Biology) and mRNA purified with a Dynabeads™ mRNA DIRECT™ purification kit (Invitrogen, 61,012). Then, m⁶A levels in total RNA and mRNA from samples were detected using the RNA methylation assay kit (Abcam, ab185912) according to manufacturer's instructions. RNA (200 ng), capture, and detection antibodies were added to wells, and m⁶A levels measured at 450 nm using a microplate reader (Spectra MR).

m⁶A-seq

Three replicate samples from C57BL/6 J mice, treated with or without As₂O₃, were submitted to Gene Pioneer Company (Nanjing, China). Total

Table 2 Sequences of primers (mouse)

Gene name	Forward 5'-3'	Reverse 5'-3'
As3mt	ATCGTGAGTCATGGCTGCTT	AGCACATAGCAATCCCTGCC
Nlrp3	ACGAGTCCTGGTGACTTTGTAT	CTTTCTCGGGCGGGTAATCTT
Pck1	TGAAAGGCCGACCATGTAT	GCACAGATATGCCATCCGA
G6pc	AACCGCCATGCAAAGGACTA	CAGGAGGCTGGTAAGCGAAT
Gapdh	CCCAGCTTAGGTTTCATCAGGT	CCCAGCTTAGGTTTCATCAGGT

RNA was isolated and purified using TRIzol (Invitrogen, 15,596,018) following manufacturer's instructions. Poly (A) RNA was purified from total RNA using Dynabeads Oligo (dT) 25 (Thermo Fisher, 61,005) over two purification rounds. Then, cleaved RNA fragments were incubated for 2 h at 4 °C with an m6A-specific antibody (Synaptic Systems, No. 202003) in IP buffer. Then, IP RNA was reverse-transcribed to generate cDNA using SuperScript™ II Reverse Transcriptase (Invitrogen, 1,896,649) and A bases added to the blunt ends of each strand for ligation to indexed adapters. After treatment of the heat-labile UDG enzyme (NEB, m0280) of U-labeled second-stranded DNAs, the ligated products were amplified by PCR. Finally, we performed 2 × 150 base pair (bp) paired-end sequencing (PE150) using the Illumina Novaseq™ 6000 (LC-Bio Technology Co., Ltd., Hangzhou, China) platform following recommended protocols.

*m*⁶A-seq data analysis

*m*⁶A-seq data were analyzed according to a previous protocol (Meng et al. 2014). We used HISAT2 to map reads to the reference *Mus musculus* genome (Version: v101). Mapped IP reads and input libraries were provided by R package exome Peak (Version 3.7), which identified m6A peaks with a bed or bigwig format that could be adapted for visualization on IGV software (<http://www.igv.org>). HOMER (Version 4.9) was used for de novo and known motif identification, followed by

motif localization with respect to the peak summit. Next, Kyoto Encyclopedia of Genes and Genomes (KEGG) and gene ontology (GO) enrichment analyses were performed using the KEGG Orthology-Based Annotation System (KOBAS, <http://kobas.cbi.pku.edu.cn/kobas3>) or DAVID bioinformatics resources 6.8 (<https://david.ncifcrf.gov/>). Differentially expressed mRNAs were selected at log₂ (fold change) > 1 or log₂ (fold change) < -1 and a p value < 0.05 using R package edgeR (<https://biocductor.org/packages/edgeR>).

Co-immunoprecipitation (Co-IP)

According to manufacturer's instructions, mouse liver or L-02 protein complexes were evaluated by Co-IP combined with immunoblotting (Proteintech, PK-10007). Protein lysates (1 mg) were incubated with a precipitating antibody (1 μg) and 150 μl incubation buffer overnight at 4 °C. The next day, complexes were immunoprecipitated with protein A + G-sepharose beads at room temperature for 2 h with shaking. Protein-bead complexes were washed five times in washing buffer and eluted twice in 40 μl elution buffer. Elution fractions were analyzed by western blotting.

Small interfering RNA transfections

We purchased siRNAs from General Biosystems Co., Ltd. Negative control siRNAs acted as siRNA controls. Valid sequences were selected from three

Table 3 Sequences of primers (human)

Gene name	Forward 5'-3'	Reverse 5'-3'
AS3MT	GTTGGGAGAGGCTGGAATCA	TGGCAGTTCAAGGCTCGTAT
NLRP3	GCATTCCTCTCTAGCTGTTCTGA	AGGCTTCGGTCCACACAGA
GAPDH	CACTAGGCGCTCACTGTTCT	GCGCCAATACGACCAAATC

sequences according to RT-qPCR data. Sequences for siAS3MT, siMETTL14, and siIGF2BP2 are shown (Table 4). Lipofectamine 3000 was used for transfections (Invitrogen, L3000015) following manufacturer's instructions.

Plasmid transfections

The recombinant plasmids were purchased from General Biosystems Co., Ltd. An empty vector was used as a negative control. Transfection was achieved by using P3000 and Lipofectamine 3000 (Invitrogen, L3000015) following the manufacturer's protocols.

Statistical analysis

Data were presented as the means \pm standard error of the mean (SEM). Statistically significant differences between groups were identified by the unpaired Student's *t*-test, one-way ANOVA followed by an LSD post hoc test, or two-way ANOVA in SPSS 26 (IBM, Inc., NY, USA). Statistical information is outlined in figure legends; differences were significant at $P < 0.05$.

Results

Arsenic exposure impaired hepatic glucose metabolism and insulin sensitivity in mice in the early onset of hepatic IR model

To investigate the molecular mechanisms underpinning arsenic-induced early onset IR, mice were treated with iAs for 6 weeks. Although the limit of arsenic content in groundwater set by the WHO is 10 $\mu\text{g/L}$, the arsenic content of groundwater in most arsenic-contaminated areas is much higher than this limit. Therefore, in the current study, we selected a concentration of 4 mg/L for animal experiments, based on the concentration of arsenic in arsenic-contaminated

areas and the results of previous literature studies (Perry et al. 2013; Rodriguez et al. 2016; Castriota et al. 2020; Xie et al. 2020).

At study end, the fasting blood glucose levels of exposed animals were significantly higher than control animals (Fig. 1A), but no significant differences were observed in fasting blood insulin levels between groups (Fig. 1B). However, the HOMA-IR of the exposed group was significantly higher than controls (Fig. 1C). Additionally, Pck1 and G6pc mRNA levels were significantly higher in exposed mice than controls (Fig. 1D). Also, glucose tolerance, insulin sensitivity, and insulin signaling were all significantly impaired in exposed mice when compared with controls (Fig. 1E–K). Differences in body weight and organ coefficients for liver, kidney, and pancreas between groups were not observed (Fig. S1A–D). No significant differences were observed for liver pathological, fibrosis, and lipid accumulation indices between groups, as indicated by H&E-, Masson-, and Oil red O-staining of liver sections (Fig. S1E–G). Collectively, these data indicated our mouse model represented the early stages of arsenic-induced IR.

The NLRP3 inflammasome promotes the early onset of iAs-induced hepatic IR

The NLRP3 inflammasome is a NOD-like receptor signaling process, with previous studies showing the NLRP3 inflammasome was involved in iAs-induced NASH-related IR and HSC activation. Here, the NLRP3 inflammasome was also activated at early onset iAs-induced hepatic IR stages (Fig. 2A–E), with increased serum IL-1 β and IL-18 levels (Fig. 2F and G). The uniqueness of NLRP3 inflammasome in iAs-induced hepatic IR was proved by comparing two non-classical inflammasomes that have been extensively studied, NLRC4 and AIM2 inflammasome

Table 4 Sequences of siRNA

Gene name	Forward 5'-3'	Reverse 5'-3'
AS3MT-1	CGGCAGACCUCCAGACCAATT	UUGGUCUGGAGGUCUGCCGTT
AS3MT-2	AGAAGUAGCCCUAAGAUAUTT	AUAUCUUAGGGCUACUUCUTT
AS3MT-3	AGAAGGACGUGCAGACCUATT	UAGGUCUGCACGUCCUUCUTT
METTL14	GGACUUGGGAUGAUUUUAU	AUAAUAUCAUCCCAAGUCC
IGF2BP2	GCAUAUACAACCCGGAAAG	CUUUCGGGUUGUAUAUGC

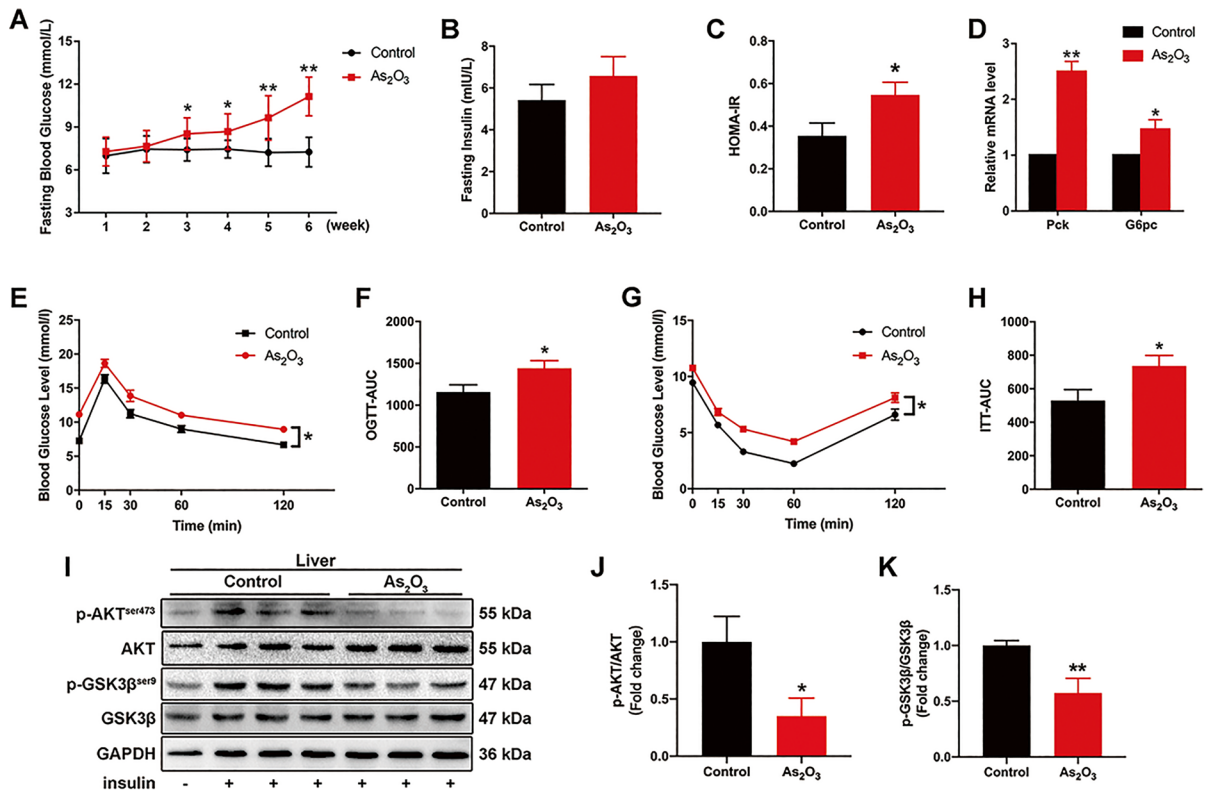


Fig. 1 Inorganic As (iAs) treatment induces early onset hepatic-IR. (A–C) Weekly fasting blood glucose levels (A), fasting insulin levels (B), and HOMA-IR comparisons between control and iAs-treated groups ($n=8$) at study end. (D) Relative Pck1 and G6pc mRNA levels in the livers of indicated mouse groups ($n=3$). (E–H) OGTT (2 g/kg) and ITT (0.5 U/kg) levels were measured in control and iAs groups at week 6. The corresponding area under the curve (AUC) of blood glucose levels was calculated ($n=8$). (I–K) Total and phos-

phorylated AKT and GSK3 β levels in control and iAs-treated mouse livers; some mice received intraperitoneal insulin injections 10 min before liver collection. GAPDH served as a loading control ($n=3$). * $P<0.05$ and ** $P<0.01$ versus the control group. The data represent the mean \pm standard error of the mean (SEM). The two-way ANOVA (A) and Student's two-tailed t test (B–K) were used to determine statistical significance

(Fig. S2). The role of the NLRP3 inflammasome in iAs-induced hepatic IR was further verified by inhibiting its activation with the NLRP3 inhibitor, MCC950 (Fig. 2H–K).

AS3MT is involved in iAs-induced hepatic IR

We investigated AS3MT, which controls arsenic methyl metabolism, in early onset iAs-induced hepatic IR. From western blotting and IHC studies, AS3MT expression was upregulated in the liver of iAs-treated mice (Fig. 3A and B). IHC results also showed that AS3MT was increased in liver tissue

and mainly expressed in hepatocytes (Fig. 3C). Consistently, iAs treatment triggered a marked upregulation of AS3MT expression in L-02 cells (Fig. 3D and E). Moreover, AS3MT mRNA levels were also increased in iAs-treated mouse liver when compared with controls (Fig. 3F). To further confirm the role of AS3MT in iAs-induced hepatic IR, AS3MT expression was silenced with siRNA; silencing efficiency was verified in L-02 cells (Fig. S3A). As expected, silencing improved iAs-blocked insulin signaling (Fig. 3G–I) and glucose uptake (Fig. 3J). Thus, AS3MT had a vital role in early onset iAs-induced hepatic IR.

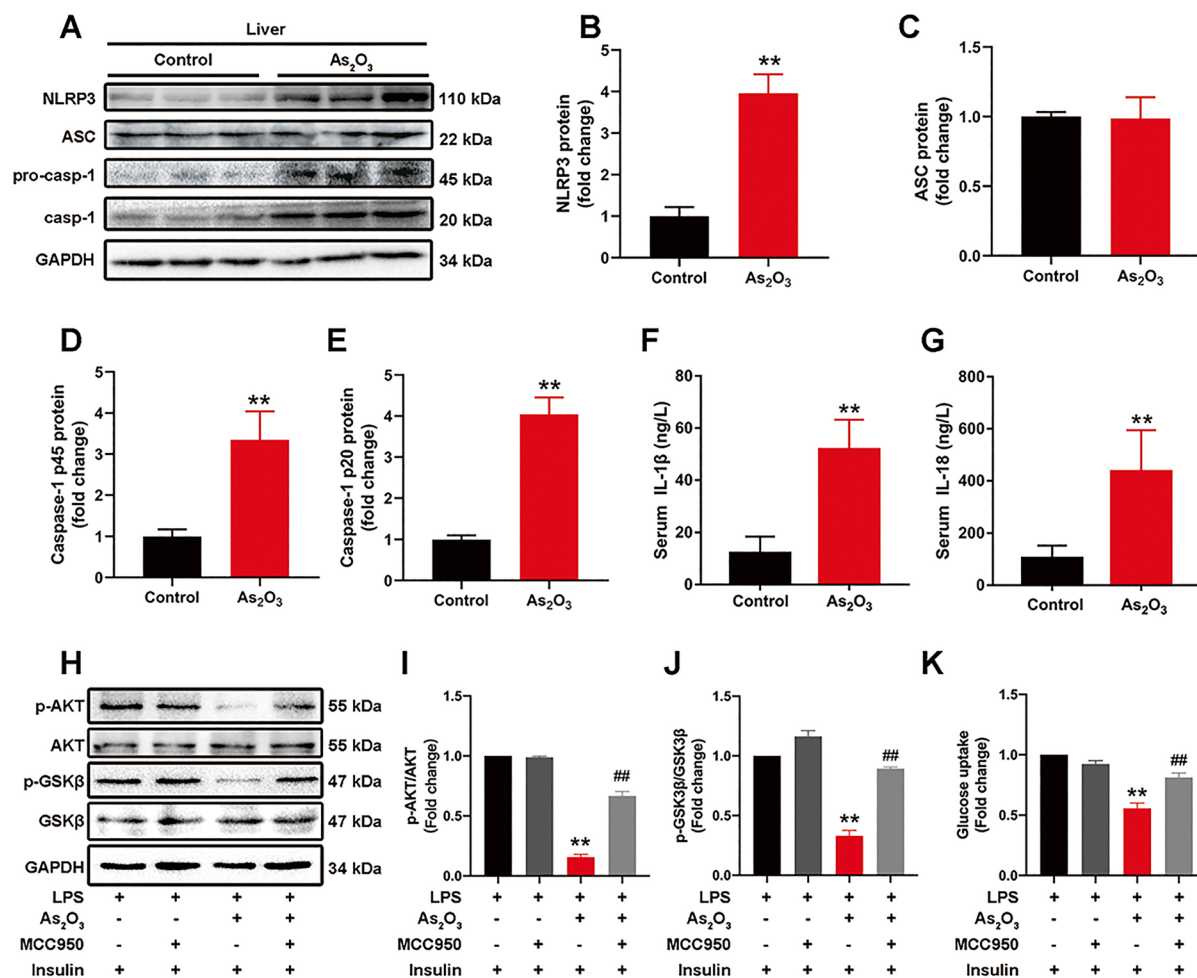


Fig. 2 The NLRP3 inflammasome is involved in early onset iAs-induced hepatic IR. (A–E) NLRP3 inflammasome-associated protein levels in control and iAs-treated livers. GAPDH served as a loading control ($n=3$). (E–F) Serum IL-1 β and IL-18 levels in control and iAs-treated mice ($n=6$). (H–K) Total and phosphorylated AKT and GSK3 β expression levels

(H–J) and glucose uptake (K) in iAs-treated and MCC950 pre-treated L-02 cells ($n=3$). ** $P < 0.01$ versus the control group, ## $P < 0.01$ versus the iAs-treated group. The data represent the mean \pm standard error of the mean (SEM), $n=3$. Statistical significance was determined by Student's two-tailed t test (A–G) and one-way ANOVA (H–K)

AS3MT activates the NLRP3 inflammasome by interacting with NLRP3 during iAs-induced hepatic IR

We next investigated the role of AS3MT in NLRP3 inflammasome activation and investigated how it functioned during iAs exposure. AS3MT interference inhibited iAs-induced NLRP3 inflammasome activation, but NLRP3 blockage with MCC950 did not affect AS3MT expression (Fig. 4A and B). Based on interaction prediction results from GeneMANIA and SWISS-MODEL, AS3MT (amino acid range 70–181) was predicted

to interact with NLRP3 (amino acid range 217–241) (Fig. S4). Consequently, this AS3MT and NLRP3 interaction in iAs-treated mouse liver and L-02 cells was confirmed by Co-IP (Fig. 4C and D). Thus, AS3MT could be an upstream signal of the NLRP3 inflammasome to possibly promote NLRP3 inflammasome activation by interacting with NLRP3. To verify direct AS3MT and NLRP3 interactions, we performed IP studies in the HEK293T cell line. We generated serially truncated AS3MT and NLRP3 versions and performed Co-IP assays to identify which protein regions interacted (Fig. 4E and F); the AS3MT domain encompassing

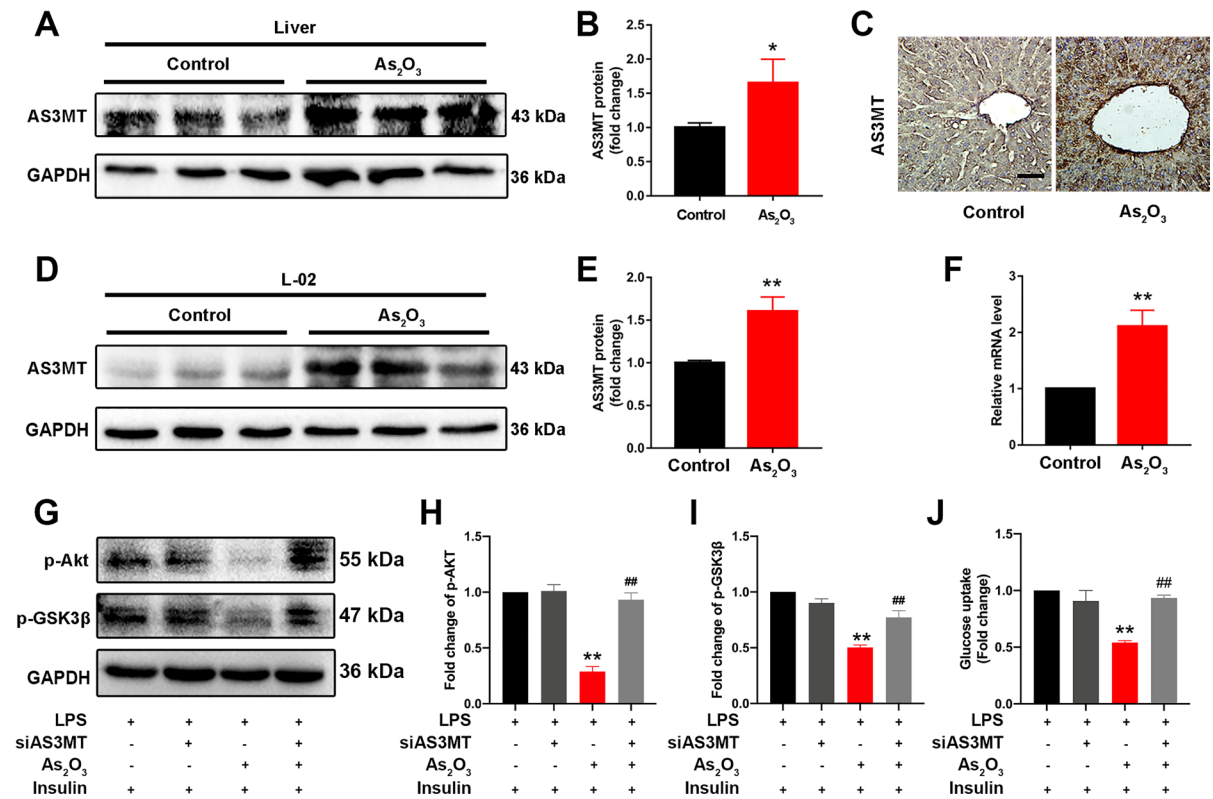


Fig. 3 AS3MT is associated with iAs-induced hepatic IR. (A–B) AS3MT expression in control and iAs-treated livers. GAPDH served as a loading control. (C) AS3MT expression by immunohistochemistry in control and iAs-treated livers. (D–E) AS3MT expression in iAs-treated L-02 cells. GAPDH served as a loading control. (F) Relative Pck1 and G6pc mRNA levels in livers from indicated groups. (G–J) Total and phosphorylated AKT and GSK3β expression levels

(G–I) and glucose uptake (J) in iAs-treated L-02 cells, with or without siAS3MT transfection. **P* < 0.05 and ***P* < 0.01 versus the control group, ###*P* < 0.01 versus the iAs-treated group. The data represent the mean ± standard error of the mean (SEM), *n* = 3. Scale bar = 100 μm. Statistical significance was determined by Student two-tailed *t* tests (A–F) and one-way ANOVA (G–J)

amino acids 201–375 bound to the NLRP3 domain encompassing amino acids 211–550 (Fig. 4G and H).

AS3MT regulates NLRP3 expression via m⁶A methylation

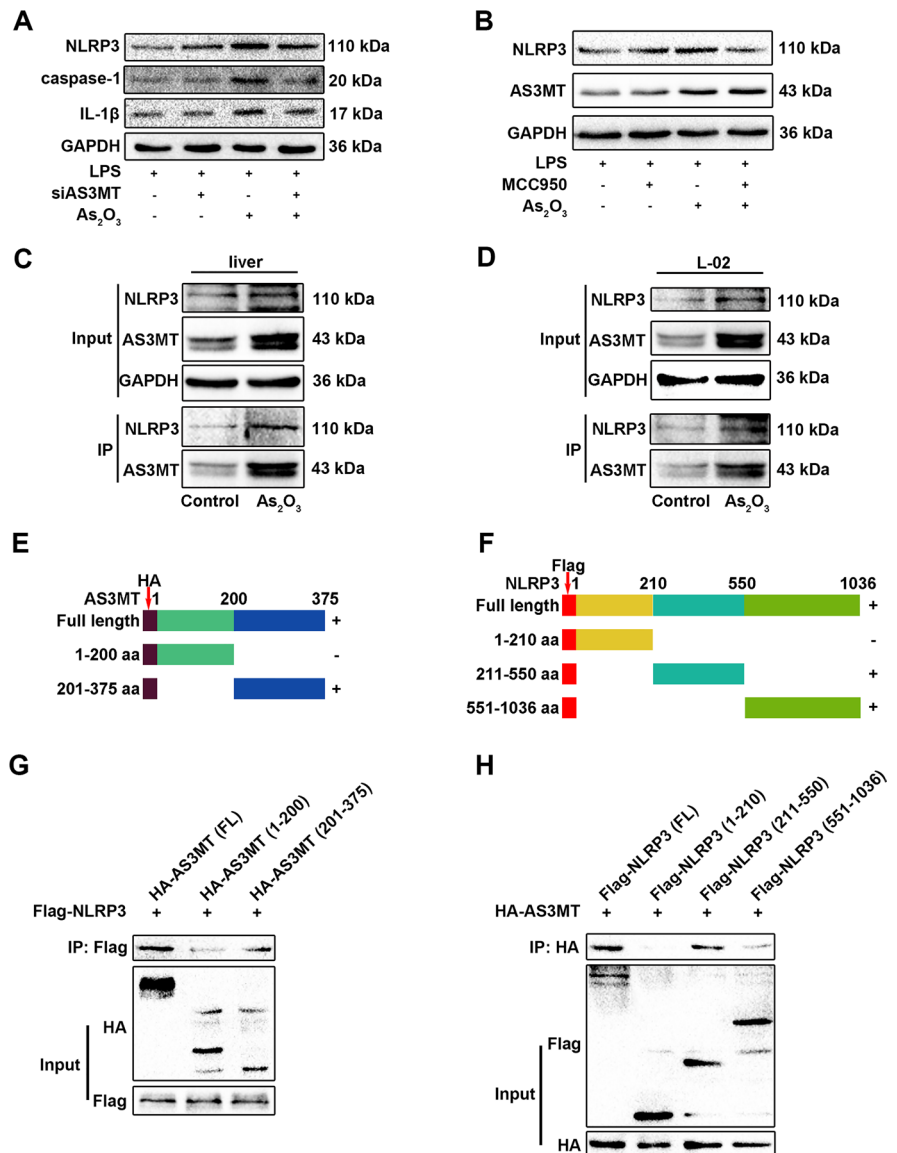
Although AS3MT interference inhibited NLRP3 protein expression, it did not affect NLRP3 transcription levels in iAs-treated L-02 cells (Fig. S3B). Therefore, we hypothesized that AS3MT affected NLRP3 inflammasome activation by regulating NLRP3 mRNA m6A methylation. To confirm this, we first explored the effects of AS3MT on iAs-regulated m6A methylation. Consistent with results in liver, iAs promoted METL14 and IGF2BP2 translocation to the nucleus in L-02 cells (Fig. 5A and B) and silenced

AS3MT reduced METTL14 and IGF2BP2 expression in nucleus (Fig. 5A and B). Also, AS3MT interference significantly reduced m6A methylation content in total RNA and mRNA (Fig. 5C and D). Furthermore, AS3MT silencing significantly blocked interactions between NLRP3 and m6A methylase (Fig. 5E) and reduced NLRP3 mRNA stability (Fig. 5F).

m⁶A methylation mediates the iAs-induced NLRP3 inflammasome activation

The autophagic-lysosomal pathway, mtROS, and ER stress are involved in iAs-induced NLRP3 inflammasome activation. However, the regulatory effects of iAs on NLRP3 transcription levels remain unclear. To explore the role of m6A methylation in

Fig. 4 AS3MT interacts with NLRP3 and promotes inflammasome activation. (A) NLRP3 inflammasome-related proteins in iAs-treated L-02 cells, with or without siAS3MT transfection. (B) NLRP3 and AS3MT expression in iAs-treated L-02 cells, with or without MCC950 pretreatment. (C–D) AS3MT and NLRP3 interactions in iAs-treated liver or L-02 cells. (E–F) Schematic diagrams of AS3MT and NLRP3 recombinant plasmids. (G–H) AS3MT and NLRP3 binding domains were explored using full length and truncated AS3MT and NLRP3 expression plasmids and Co-IP assays, followed by western blotting



the early onset of iAs-induced hepatic IR, we performed GO and KEGG enrichment analyses on m⁶A-seq results. Differential peaks were enriched for GO terms related to protein binding and transcription and were enriched in multiple pathways, including the NOD-like receptor signaling pathway (Fig. S5A–B), we speculated that m⁶A methylation could be an essential post-transcriptional modification mechanism in iAs-induced NLRP3 inflammasome activation. Therefore, we tested this by evaluating interactions between NLRP3 and m⁶A methylases by Co-IP in mouse liver. As

shown (Fig. 6A), iAs treatment facilitated m⁶A methylase and NLRP3 binding. METTL14 interference also enhanced NLRP3 mRNA decay in iAs-treated L-02 cells (Fig. S6A and Fig. 6B). Moreover, METTL14 silencing blocked iAs-induced NLRP3 inflammasome activation (Fig. 6D–F) and IL-1 β and IL-18 release (Fig. 6G and H) in L-02 cells. Additionally, NLRP3 mRNA attenuation and NLRP3 inflammasome activation upon IGF2BP2 silencing were identified in iAs-treated L-02 cells (Fig. S6B and Fig. 6C and I–M). These results revealed that iAs promoted NLRP3 expression and

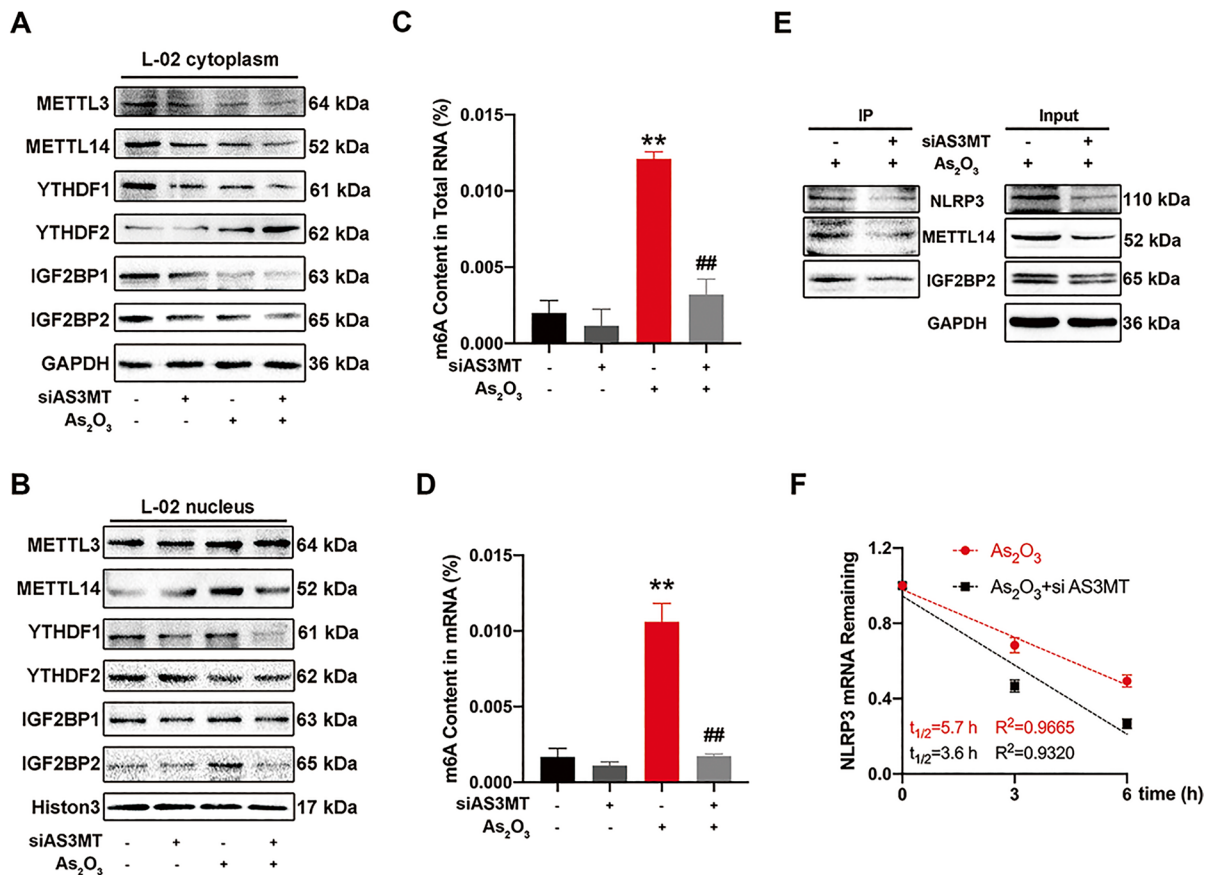


Fig. 5 AS3MT participates in the iAs-induced m⁶A methylation of NLRP3. (A–B) Expression of m⁶A-associated proteins in control and iAs-treated L-02 cells, cytoplasm (A) and nucleus (B). (C–D) m⁶A levels in total RNA (C) and mRNA (D) were compared between control and iAs-treated L-02 cells. (E) Endogenous protein interactions were examined in control and iAs-treated L-02 IP cell lysates using a rabbit anti-NLRP3

antibody and analyzed by western blotting to detect m⁶A methylation-associated proteins. (F) NLRP3 mRNA stability in siAS3MT transfected iAs-treated L-02 cells. ** $P < 0.01$ versus the control group, ## $P < 0.01$ versus the iAs-treated group. The data represent the mean \pm standard error of the mean (SEM), $n = 3$. One-way ANOVA was used to determine statistical significance

inflammasome activation via METTL14-dependent m⁶A methylation.

iAs upregulates the m⁶A methylation in mouse liver

To evaluate the effects of iAs on m⁶A methylation during hepatic IR, we assessed m⁶A methylation levels in iAs exposed and control groups. From m⁶A-seq results, we identified approximately 4,000 significant differences in m⁶A peaks between groups, with an overall increase in m⁶A mRNA methylation in iAs-treated group (Fig. 7A). To further confirm these results, m⁶A levels in total RNA and mRNA were higher in exposed animals than

controls (Fig. 7B and C). Furthermore, when compared with controls, the expression of IGF2BP2 was consistently downregulated, and YTHDF2 and ALKBH5 were upregulated in cytoplasmic fractions iAs-treated group (Fig. 7D–F). However, in nuclear components, expression levels of METTL14 and IGF2BP2 were significantly upregulated and YTHDF2 was downregulated iAs-treated group (Fig. 7G–I).

m⁶A methylation regulates iAs-induced hepatic IR

To determine the role of METTL14 and IGF2BP2 in iAs-induced hepatic IR, we knocked down

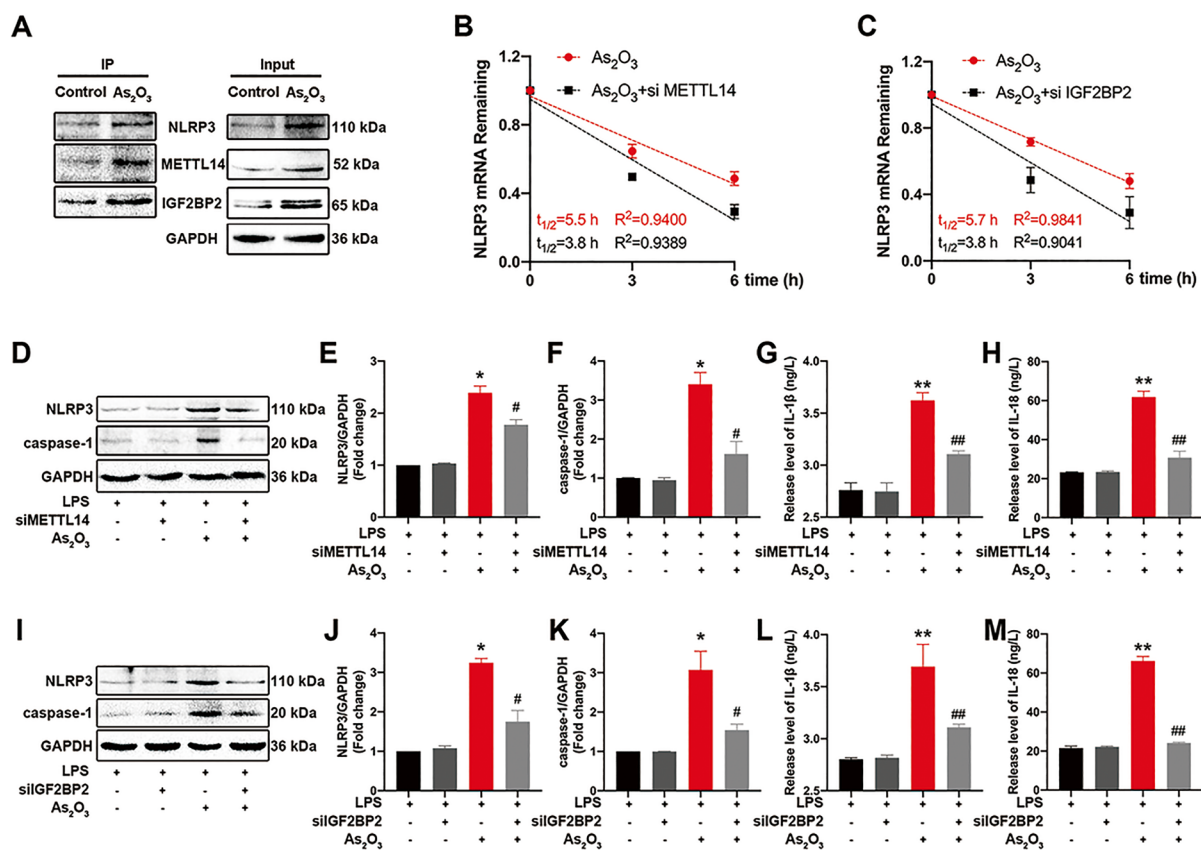


Fig. 6 Inorganic As (iAs) induces NLRP3 inflammasome activation via m⁶A methylation. (A) Endogenous protein interactions were examined in control and iAs-treated liver lysates immunoprecipitated with rabbit anti-NLRP3 antibody and analyzed by western blotting to detect m⁶A methylation-associated proteins. (B) NLRP3 mRNA stability in iAs-treated L-02 cells, with or without siMETTL14 transfection. (C) NLRP3 mRNA stability in iAs-treated L-02 cells, with or without siIGF2BP2 transfection. (D–F) NLRP3 inflammasome-related protein expression in siMETTL14 transfected iAs-treated L-02 cells.

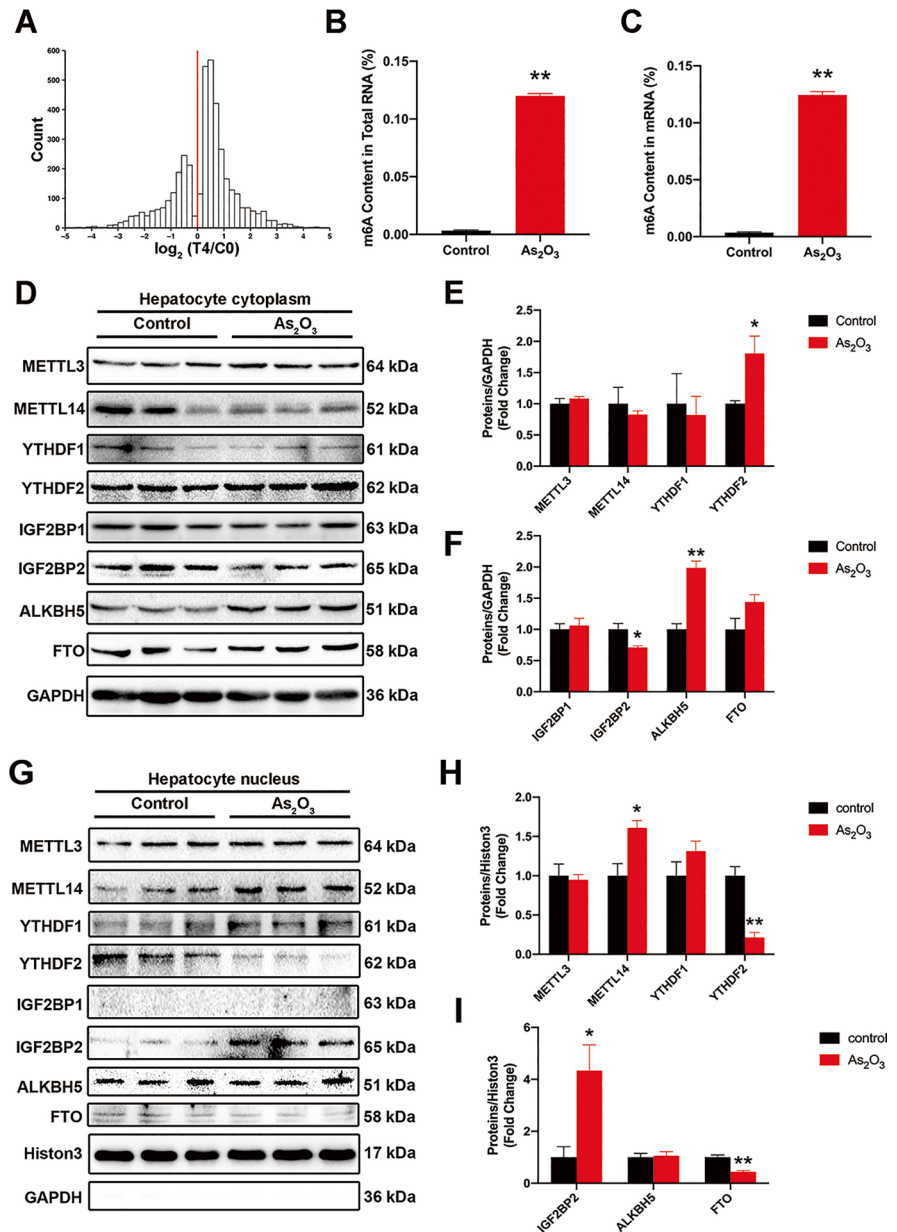
METTL14 and IGF2BP2 expression using siRNA. Knockdown efficiency was examined in L-02 cells (Fig. S6A–B). After METTL14 interference, the iAs-induced insulin signaling impairment was significantly reversed (Fig. 8A–C), and glucose uptake was correspondingly increased (Fig. 8D). Similar results were also observed during IGF2BP2 downregulation upon siIGF2BP2 transfection (Fig. 8E–H). Altogether, METTL14 and IGF2BP2 appeared to play essential roles in iAs-induced hepatic IR.

GAPDH served as a loading control. (G–H) IL-1β (G) and IL-18 (H) secretion from indicated L-02 cells. (I–K) NLRP3 inflammasome-related protein expression in siIGF2BP2 transfected iAs-treated L-02 cells. GAPDH served as a loading control. (L–M) IL-1β (L) and IL-18 (M) secretion from indicated L-02 cells. * $P < 0.05$ and ** $P < 0.01$ versus the control group, # $P < 0.05$ and ### $P < 0.01$ versus the iAs-treated group. The data represent the mean \pm standard error of the mean (SEM), $n = 3$. One-way ANOVA was used to determine statistical significance

Discussion

The NLRP3 inflammasome is closely associated with inflammatory metabolic diseases such as NAFLD/NASH. We previously demonstrated that the NLRP3 inflammasome was involved in iAs-induced hepatic IR, NASH, and HSC activation (Qiu et al. 2018, Jia et al. 2020, Tao et al. 2020). Here, we demonstrated an association between NLRP3 inflammasome activation and early onset iAs-induced hepatic IR. In addition to NLRP3, other inflammasomes are also

Fig. 7 Inorganic As (iAs) treatment upregulates m⁶A enrichment in mouse liver. (A) Histogram showing changes in m⁶A enrichment levels between control and iAs-treated samples of all peaks showing enrichment in the control group. The change in enrichment is represented by the median of $n=3$ control-iAs pairs. (B–C) m⁶A levels in total RNA (B) and mRNA (C) were compared between control and iAs-treated groups ($n=6$). (D–E) The expression of m⁶A-associated proteins in control and iAs-treated mouse livers; cytoplasm (D) and nuclei (E), respectively ($n=3$). $**P < 0.01$ versus the control group. The data represent the mean \pm standard error of the mean (SEM). The Student's two-tailed t test was used to determine statistical significance



involved in iAs-induced inflammatory responses, such as NLRP3 and AIM2 (Maier et al. 2014, Zhang et al. 2016); therefore, we assessed the expression of these proteins. Except for the significant upregulation of NLRP3 expression levels, NLRP4 expression was slightly decreased, while AIM2 levels remained almost unchanged. Thus, iAs promoted inflammatory responses mainly by regulating NLRP3 inflammasome activation in hepatocytes. Nevertheless, the effects of iAs on the transcription and

post-transcriptional modification of NLRP3 remain elusive.

AS3MT is a critical enzyme during iAs methyl metabolism and may be a link between iAs and IR (Douillet et al. 2017, Huang et al. 2018b). However, associated mechanisms are unknown. We observed that AS3MT interference significantly restored insulin signaling activity, enhanced the glucose uptake capacity of L-02 cells, and effectively alleviated iAs-induced IR. Furthermore, AS3MT interacted

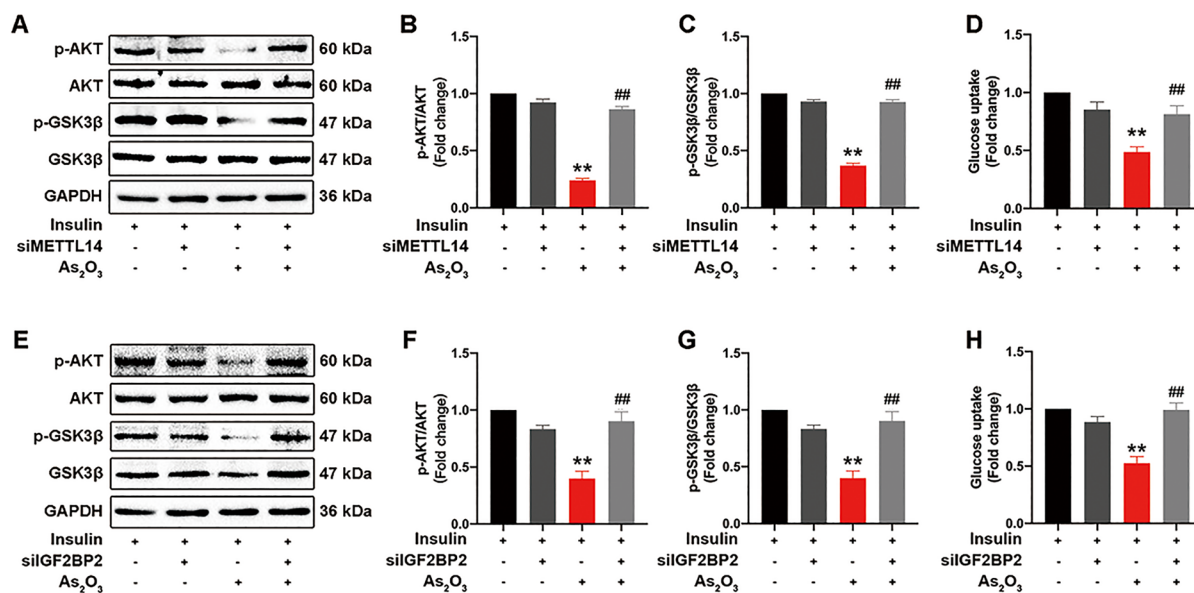


Fig. 8 Inhibition of m⁶A methylation attenuates iAs-induced hepatic IR. Before treatment with iAs, L-02 cells were transfected with siMETTL14 or siIGF2BP2. Cells were also stimulated with insulin for 10 min before protein isolation. (A–C) The effect of siMETTL14 on AKT and GSK3β phosphorylation levels in iAs-treated L-02 cells. (E–G) The effect of siIGF2BP2 on AKT and GSK3β phosphorylation levels in

iAs-treated L-02 cells. (D and H) The effect of siMETTL14 or siIGF2BP2 on glucose uptake levels in iAs-treated L-02 cells. **P* < 0.05 and ***P* < 0.01 versus the control group, #*P* < 0.05 and ##*P* < 0.01 versus the iAs-treated group. The data represent the mean ± standard error of the mean (SEM), *n* = 3. One-way ANOVA was used to determine statistical significance

with NLRP3, at the 201–375 amino acid position of AS3MT and the 211–550 position of NLRP3, and promoted NLRP3 inflammasome activation. Also, AS3MT interference significantly inhibited the iAs-induced translocation of METTL14 and IGF2BP2 to the nucleus. Furthermore, AS3MT was identified as a key modulator of m⁶A methylation-mediated NLRP3 inflammasome activation. Specifically, AS3MT interacted with NLRP3 to enhance the m⁶A methylation of NLRP3, thereby facilitating iAs-induced hepatic IR.

However, contrary to our results, Huang et al. reported that AS3MT knockout mice showed a more severe IR phenotype after iAs treatment (Huang et al. 2018b). However, as few studies on AS3MT mechanisms in iAs-induced liver metabolism disorders have been conducted, more studies are required in the future. Notably, significant differences in methylation levels (both the degree and pattern) after iAs exposure exist between individuals and lead to substantial differences in susceptibility to iAs exposure. Key genetic factors are genetic polymorphisms, which include single nucleotide polymorphisms (SNPs) (Das et al. 2016; Balakrishnan et al. 2017; Hsieh et al.

2017; De Loma et al. 2018; Lin et al. 2018). Therefore, changes in AS3MT SNPs after iAs exposure and their associated functions in iAs-induced disease should be given more attention in future studies.

RNA m⁶A modifications have essential roles in metabolic liver diseases, such as NAFLD/NASH and hepatocellular carcinoma (Zhao et al. 2020b). Nevertheless, the role of m⁶A in metabolic disorders caused by environmental pollutants such as arsenic remains unclear. In this study, iAs treatment promotes METTL14 and IGF2BP2 translocation into the nucleus and upregulated m⁶A enrichment in hepatocytes, leading to early onset hepatic IR. Additionally, iAs-induced NLRP3 inflammasome activation was dependent on METTL14-mediated m⁶A methylation, and NLRP3 mRNA stability was enhanced by m⁶A methylation through METTL14 and reader IGF2BP2.

Previously, the effects of iAs on m⁶A methylation mainly focused on keratinocytes, with limited research on the liver. Zhao et al. reported that iAs upregulated m⁶A methylation enrichment in keratinocytes (Zhao et al. 2019, Zhao et al. 2020a). However, Cui et al. showed that chronic low-level

arsenic exposure upregulated FTO stability and downregulated m⁶A enrichment in keratinocytes (Cui et al. 2021). Consistent with Zhao et al., we showed that iAs treatment upregulated m⁶A enrichment in hepatocytes by enhancing METTL14 and IGF2BP2 translocation into the nucleus. However, in keratinocytes, iAs upregulated methyltransferase expression and promoted m⁶A methylation enrichment, while we showed that iAs upregulated m⁶A methylation enrichment by promoting MEETL14 translocation into hepatocyte nuclei.

In summary, after iAs treatment, AS3MT interacted with NLRP3 and enhanced the m⁶A methylation of NLRP3 mRNA, thereby promoting NLRP3 inflammasome activation, and ultimately leading to early onset of iAs-induced hepatic IR. Together, these results may open new angles for therapeutic interventions in arsenicosis and identified a novel post-transcriptional function of AS3MT in promoting arsenicosis.

Abbreviations *iAs*: Inorganic arsenic; *m⁶A*: N⁶-methyladenosine; *IR*: Insulin resistance; *T2D*: Type 2 diabetes; *NAFLD*: Non-alcoholic fatty liver disease; *AS3MT*: Arsenite methyltransferase; *SAM*: S-adenosylmethionine; *SNP*: Single nucleotide polymorphism; *NLRP3*: NOD-like receptor protein 3; *METTL14*: Methyltransferase-like 14; *METTL3*: Methyltransferase-like 3; *IGF2BPs*: Insulin-like growth factor 2 mRNA-binding proteins; *YTHDFs*: YTH domain-containing family proteins

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Authors' Contribution T. Q., X. Y., and X. S. Conceptualization. T. Q., C. W., Q. H., and W. Y. Methodology. T. Q., J. Z., and Y. S. Formal analysis and Data curation. T. Q. and N. W. Writing—original draft. T. Q., N. W., L. J., X. L., and G. Y. Writing—review & editing. X. S. is the guarantor of the article.

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Availability of data and material Not applicable.

Code availability Not applicable.

Declarations

Ethics approval The Animal Ethics Committee of Dalian Medical University approved all animal care and study procedures (AEE18065).

Consent to participate Not applicable.

Consent for publication All authors agree to publish the manuscript.

Competing interests The authors declare that there are no conflicts of interest in the present work.

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