Atomically Smooth Ultrathin Films of Topological Insulator Sb₂Te₃

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ABSTRACT

The growth and characterization of single-crystalline thin films of topological insulators (TIs) is an important step towards their possible applications. Using *in situ* scanning tunneling microscopy (STM) and angle-resolved photoemission spectroscopy (ARPES), we show that moderately thick Sb_2Te_3 films grown layer-by-layer by molecular beam epitaxy (MBE) on Si(111) are atomically smooth, single-crystalline, and intrinsically insulating. Furthermore, these films were found to exhibit a robust TI electronic structure with their Fermi energy lying within the energy gap of the bulk that intersects only the Dirac cone of the surface states. Depositing Cs *in situ* moves the Fermi energy of the Sb_2Te_3 films without changing the electronic band structure, as predicted by theory. We found that the TI behavior is preserved in Sb_2Te_3 films down to five quintuple layers (QLs).

KEYWORDS

Topological insulator, electronic structure, scanning tunneling microscopy, angle-resolved photoemission spectroscopy, molecular beam epitaxy

1. Introduction

The discovery of graphene, featuring massless Dirac charge carriers with exceedingly high mobility and saturation velocity [1], has raised the question as to whether other Dirac fermion systems also exist. A series of three-dimensional (3-D) topological insulators (TIs) have recently been discovered [2–9]. A TI is a gapped insulator in the bulk, but possesses gapless surface states featuring a Dirac cone electronic band structure. These gapless surface states, protected by

time-reversal symmetry, are very robust. So far, topological surface states have been observed in $Bi_{1-x}Sb_{x}$, $Bi_{2}Se_{3}$, and $Bi_{2}Te_{3}$ [10–26].

The growth of high-quality thin films of TIs is an important step towards any realistic applications of these materials. In particular, the growth of TI thin films on industrial standard substrates such as Si would enable further developments in material engineering and integration, such as bipolar or gradient doping, and heterostructure and/or superlattice fabrication using advanced semiconductor technologies. The

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growth of thin films of Bi₂Te₃ and Bi₂Se₃ has been accomplished by molecular beam epitaxy (MBE). Angle-resolved photoemission spectroscopy (ARPES) measurements carried out *in situ* were used to show that the Fermi energies of these films lie in the band gap of the bulk, intersecting with the Dirac cone of the surface states [18, 19]. The TI properties of the films were also confirmed by observation of standing waves and Laudau levels [22, 26].

Recent theory [9] and experiment [16] have revealed that bulk stoichiometric Sb₂Te₃ is also a TI. Single crystals of Sb₂Te₃ were grown by melting a mixture of Sb and Te, which typically contains an over-stoichiometric amount of Sb [27] closely related to the concentration of native defects near the lattice sites of Te [28, 29]. The substitutional Sb defects at Te sites result in a high background hole carrier density and the presence of the Fermi energy in the bulk valence band continuum. In these materials, doping had to be used to move the Fermi energy back to the bulk gap [13, 14, 16]. Sb₂Te₃ has been extensively studied in the context of thermoelectric material research [30, 31] and the growth of Sb₂Te₃ films by MBE and other techniques has been investigated [32–34]. In fact, p-type Bi₂Te₃/Sb₂Te₃ superlattices were found to possess the highest thermoelectric figure of merit (ZT) of about 2.4 at 300 K [35]. Vanadium-doped $Sb_{2-x} V_x Te_3$ films ($x \approx 0.35$) display ferromagnetism up to temperatures of 177 K while the Curie temperature (T_C) in $Sb_{2-x}Cr_xTe_3$ ($x \approx 0.59$) is increased to 190 K [36].

Here we report the results of our systematic study of thin films of Sb₂Te₃ grown layer-by-layer by MBE on Si(111). We explored the growth dynamics for various Te/Sb flux ratios and Si substrate temperatures using reflection high-energy electron diffraction (RHEED) and identified unique Te-rich growth dynamics for preparing TI films by the characteristic RHEED intensity oscillations of layer-by-layer MBE growth. We found that moderately thick Sb₂Te₃ films are atomically smooth, exhibiting robust TI electronic structure with their Fermi energy lying within the energy gap of the bulk. Further more, the Fermi level can be tuned by in situ Cs deposition. We found that Sb₂Te₃ with a thickness of 5 quintuple layers (QL) featuring two quantum well states (QWSs) is required if the material is to exhibit TI behavior.

2. Experimental section

Our experiments were performed in an ultra-high vacuum (UHV) system which combined an MBE growth chamber, a low temperature scanning tunneling microscope (STM) (Omicron) and an ARPES (Gammadata Scienta). The base pressure of the system was better than 5×10^{-11} Torr. Si(111)– 7×7 substrates were cleaned by a standard multi-cycle flashing process [37]. Sb (99.9999%) and Te (99.9999%) were both evaporated from standard Knudsen cells. RHEED patterns were used to calibrate the in-plane lattice constant of the Sb₂Te₃ films with respect to the $Si(111)-7 \times 7$ surface, while the RHEED intensity of the (0, 0) diffraction recorded by a charge-coupled device (CCD) camera was used to measure the growth dynamics. The samples were cooled down to 77 K during STM imaging and ARPES measurements. Photoelectrons were excited by the He $I\alpha$ resonant line (21.21 eV), and collected by a Scienta R4000 analyzer (energy resolution $\Delta E = 10 \text{ meV}$).

3. Results and discussion

Similar to Bi_2Te_3 and Bi_2Se_3 , Sb_2Te_3 possesses a rhombohedral crystal structure. Along the [111] crystallographic direction, the unit cell contains five atomic layers with a stacking sequence of Te(1)–Sb–Te(2)–Sb–Te(1), forming a QL. The lattice constant is 10.13 Å along this direction and 4.25 Å in the ab (111) plane. The QL is terminated by a Te(1) layer on both sides. The interaction between two adjacent QLs is of the van der Waals type [9]. A cleaved surface of a bulk crystal is usually Te-terminated with an unreconstructed (1 × 1)-Te structure [20–22]. Similar to the well-known layer-by-layer growth of GaAs with an As_4 molecular beam [38], ideal MBE growth of a Sb_2Te_3 film in units of a QL along the [111] direction should be possible with a Te_2 molecular beam under Te-rich conditions.

By systematically varying the Te₂/Sb flux ratios (θ) and the substrate temperature ($T_{\rm Si}$) we found that the stoichiometric TI could only be achieved under Te-rich conditions (θ =8-20) with the growth temperature satisfying $T_{\rm Sb}$ > $T_{\rm Si}$ \geqslant $T_{\rm Te}$ [18, 19]. Here, $T_{\rm Sb}$ and $T_{\rm Te}$ are the temperatures of Sb and Te Knudsen cells, which were used to precisely control the deposition flux





(and thus the ratio) of Sb and Te. The optimized conditions for the fabrication of the Sb₂Te₃ film were found to be: T_{Sb} = 450 °C, T_{Te} = 310 °C, and T_{Si} = 320 °C, resulting in $\theta \approx 15$ and a growth rate of ~2 QL per minute. In Fig. 1(a), we show the RHEED pattern of a typical Sb₂Te₃ film with a thickness of 50 QL. The electron beam incidence is along the $[1\overline{1}0]$ ($\overline{\Gamma} - \overline{K}$) direction. The sharp streaky pattern indicates that the film has an atomically flat surface morphology. The in-plane lattice constant of the 50-QL-films measured from the diffraction pattern with respect to that of Si(111), is 4.26 ± 0.03 Å, consistent with the bulk value of 4.25 Å. Oscillation of the RHEED intensity of the (0, 0) diffraction (the central streak) as a function of growth time is also observed, suggesting a layer-bylayer growth. Here each oscillation corresponds to the deposition of a single QL of Sb₂Te₃.

A STM image of a typical 50-nm-thick film is shown in Fig. 1(b). The atomically flat morphology is evident.

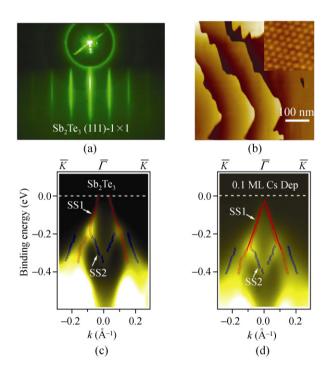


Figure 1 (a) The RHEED patterns of typical Sb₂Te₃ films taken along the [1 $\overline{1}$ 0] direction. (b) STM image of the 50-nm-thick film. The image scale is 0.5 μm × 0.5 μm. The insert shows an atomically resolved STM image (2.5 nm × 2.5 nm). (c) ARPES spectra of the 30-nm-thick Sb₂Te₃ film without doping. (d) ARPES spectra of the 30-nm-thick Sb₂Te₃ film after depositing 0.1 ML Cs, showing electron-doping of surface states. Both the spectra were taken along the $\overline{\Gamma}$ – \overline{K} direction

The 1×1 RHEED pattern and the high resolution STM image with a well-defined 1×1 symmetry (insert of Fig. 1(b)) suggest that the growth surface is the Te-terminated Sb₂Te₃(111)-(1 × 1) surface [20–22]. This surface is similar to that obtained by cleaving a bulk crystal [12–17]. The steps shown in Fig. 1(b) are about 1.0 nm in height, corresponding to 1 QL. As expected, the growth on Si(111) proceeds along the [111] crystallographic direction.

The TI behavior of our MBE grown films was probed by ARPES measurements. In Fig. 1(c) we show the electronic band structure of the 50-nm-thick Sb₂Te₃ films in the ARPES spectra taken along the $\overline{\Gamma}$ – \overline{K} direction. Besides the broad M-shape valence band (VB) at the bottom, there is an upper linear band dispersion representing the massless Dirac cone and a lower M-shape surface state which is consistent with theoretical calculations [9]. The upper surface state (SS1) and lower surface state (SS2) can be clearly seen around the $\overline{\Gamma}$ point as red and blue markers dispersing in the bulk gap. Similar to the bulk crystal, the MBEgrown Sb₂Te₃ films are also naturally p-type, with the Dirac point located very close to, but slightly above, the Fermi level, making the Dirac point unobservable directly by ARPES measurements. It is interesting to note that, different from the recent ARPES measurements on the cleaved (111) surface of the bulk crystal Sb₂Te₃ [16], our measurements showed that the Fermi energy of the as-grown Sb₂Te₃ film lies in the energy gap and only intersects the surface Dirac cone, which indicates the film is an intrinsic TI in the absence of doping. Therefore, the fine structure of the surface states and the Dirac cone in the Sb₂Te₃ film can be observed. In contrast, only large energy scale images of the bulk valence bands without surface state information could be observed in bulk Sb₂Te₃ crystals [16] since the Fermi energy lies in the bulk valence band continuum. Furthermore, the Sb₂Te₃ film is found to have very stable bulk and surface states in the ultra high vacuum (UHV) chamber, showing no obvious aging effect or photoinduced doping typical of Bi-based materials [16–19]. The observation indicates that our as-grown Sb₂Te₃ films are high-quality TIs, containing fewer defects and impurities in comparison with the bulk samples.

The ability to tune the Fermi level position in a TI is important for electrical transport measurements and device preparation [14]. Surface hole doping of Bi_{2-x}Ca_xSe₃ has been reported by NO₂ adsorption [14]. We found that by depositing Cs on a Sb₂Te₃ film, its Fermi energy was shifted, as shown in Fig. 1(d). Here the Fermi energy is shifted upwards by about 50 meV by depositing about 0.1 monolayer (ML) of Cs. The Dirac point is now clearly visible below the Fermi energy (Fig. 1(d)). Unlike the conventional surface states, the Dirac cone does not change its shape and intensity after the Cs deposition, illustrating that the robustness of the Dirac cone surface states [2–9].

For Bi_2Se_3 films, 6 QL are required for the true gapless Dirac cone surface states to be present [18]. To address this question for Sb_2Te_3 films, we investigated systematically the thickness dependence of the electronic structures and topological features of the Sb_2Te_3 thin films with thickness decreasing one QL at a time. The evolution of the band structure of the Sb_2Te_3 films with a thickness varying from 6 QL to 1 QL revealed a systematic evolution. All the spectra were taken along both $\overline{\Gamma} - \overline{K}$ and $\overline{\Gamma} - \overline{M}$ directions. For films from

6 QL to 4 QL (Figs. 2(a)–2(c), upper panels), the band structure is very similar to that of thick film (Fig. 1(c)). However, the Rashba-split is not observed, whereas it is in Bi₂Se₃ films [18]. This is possibly due to the *p*-type nature, and the upper surface states cannot be observed here. In addition to two surface states, there are other features (shown in pink) between SS1 and SS2. As the film thickness increases, these bands move up or down towards the surface states, and more bands emerge. In Fig. 3(a) we summarize the energies of these bands at the $\overline{\Gamma}$ point, where the energy evolution shows a typical QWS behavior due to the confinement of the electrons in the ultrathin films. Similar QWSs were also observed for Bi₂Se₃ thin films [18]. Interestingly, some TI-like features can still be observed in 3-QL films, as shown in Fig. 2(d). In addition to a broad M-shape VB, a linear band dispersion representing the massless Dirac-like SS1 and another M-shape SS2 are clearly seen. For the 2-QL film (Fig. 2(e)), a band with a nearly parabolic dispersion, which appears to bend back towards VB at the $\overline{\Gamma}$ point, was found near the Fermi level. On the other hand, in 1-QL films (Fig. 2(f)), no surface states were found near the Fermi level.

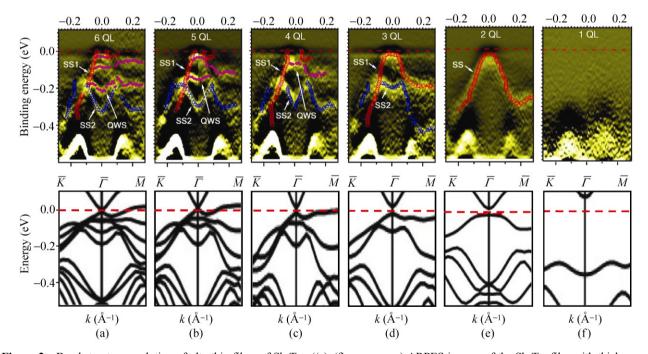


Figure 2 Band structure evolution of ultrathin films of Sb₂Te₃. ((a)–(f), upper row) ARPES images of the Sb₂Te₃ film with thick-nesses from 6 QL to 1 QL along the $\overline{K} - \overline{\Gamma} - \overline{M}$ direction. SS1, SS2, and QWSs are indicated by red, blue, and pink curves, respectively. ((a)–(f), lower row) Calculated band structure along the $\overline{K} - \overline{\Gamma} - \overline{M}$ cut of Sb₂Te₃ films with thicknesses from 6 QL to 1 QL. The major electronic structure features in both directions in our experimental results are consistent with the first-principles calculations





Since the surface states above the Fermi level cannot be observed by our ARPES, the thickness at which the gapless Dirac cone forms is difficult to determine by experiment only. Therefore, we carried out firstprinciples calculations on the thickness-dependent electronic structure. We found an excellent agreement between our experimental data and theoretical calculations (Fig. 2 lower panels). Theoretically, the decay length of the wave functions of the surface states was found to be on the order of 2 nm. The coupling between the surface states from top and bottom sides of the film, which is determined by the penetration depth of the surface-state wave function of a TI, determines the minimum thickness for the TI behavior. Starting from the 5-QL film, the coupling between the two surfaces becomes sufficiently weak, and TI behavior marked by the presence of a single Diraccone surface state was found to emerge. Moreover, the Fermi velocity can be calculated from the band structure. In Fig. 3(b), we plot the Fermi velocity and the position of the Dirac point for different films. Both the Fermi velocity and the Dirac point position are already close to the bulk value at a thickness of 6 QL. The Fermi velocity from our measurements is about 4.4×10^5 m/s, which agrees well with the results of our theoretical calculations.

In the spectra of the very thick Sb₂Te₃ film (Fig. 1(c)), we can hardly observe the bulk band which should evolve from the QWSs. The reason is that the states in bulk bands become 3-D, and thus can only appear in photoemission spectra at a certain photon energy which connects the initial and final states. Since in our measurements, only one photon energy (21.21 eV) is used—which may not satisfy the emission condition—the absence of the bulk bands in ARPES spectra is to be expected.

The systematic behavior observed above suggests that two QWSs are necessary for the observation of TI in a film. QWSs are formed in ultrathin films because of the confinement of the movement of electrons. For atomically flat thin films grown on Si(111), QWSs have been found to give rise to many novel properties [39, 40]. Clearly, the QWSs observed in our Sb₂Te₃ films also originate from quantum confinement. Here the electrons come from the valence bands rather than conduction bands—as observed previously in metal films. Interestingly, it appears that at least two QWSs are needed for a TI film to host Dirac cone surface states. Typically electrons confined in a thin film or an interface system are considered quasi two-dimensional (2-D) as long as only the lowest quantum state is occupied. Therefore when two QWSs are occupied in

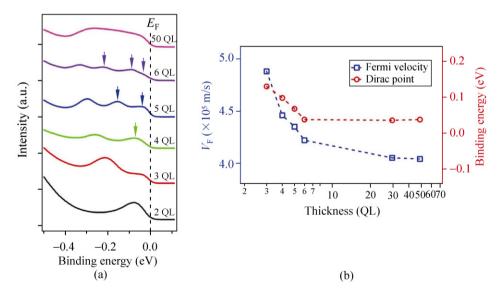


Figure 3 (a) Thickness-dependent normal emission ARPES spectra of Sb₂Te₃ films with different thicknesses. QWS peaks are marked by arrows. (b) Thickness-dependent Fermi velocities and Dirac points of thin films of Sb₂Te₃. The Fermi velocity was measured by fitting the experimental dispersion with $E = \hbar V_F K$

a film, which corresponds to a thickness of about 5 nm for our Sb₂Te₃ films, the electrons in the film cease to be quasi 2-D. On the other hand, it is surprising that 3-D topological properties persist when only two QWSs are occupied. Indeed, for Bi₂Se₃ films, even though two QWSs were found for a film as thin as 3 QL, a Dirac cone was found only when the film thickness reaches a minimum of 6 QL with two QWSs [18]. Therefore, the presence of two QWSs must be a necessary, but not sufficient condition, for a film to show TI behavior.

4. Conclusions

We have demonstrated experimentally that atomically flat, single-crystalline, and—to date—the thinnest TI can be prepared by depositing Sb₂Te₃ onto Si(111) using MBE. The as-grown thick Sb₂Te₃ films exhibit robust TI behavior with their Fermi energy intersecting only the Dirac cone of the surface states. The Fermi energy of the Sb₂Te₃ film was tuned by *in situ* Cs deposition. Thickness-dependent ARPES studies and first-principles calculations showed that a thickness of 5 QL for Sb₂Te₃ films featuring two QWSs is required for the presence of TI behavior.

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