# VIEWPOINT



# Standardized statement for the ethical use of human cadaveric tissues in anatomy research papers: Recommendations from *Anatomical Journal* Editors-in-Chief

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## **Abstract**

Human cadaveric donors are essential for research in the anatomical sciences. However, many research papers in the anatomical sciences often omit a statement regarding the ethical use of the donor cadavers or, as no current standardized versions exist, use language that is extremely varied. To rectify this issue, 22 editors-in-chief of anatomical journals, representing 17 different countries, developed standardized and simplified language that can be used by authors of studies that use human cadaveric tissues. The goal of these editor recommendations is to standardize the writing approach by which the ethical use of cadaveric donors is acknowledged in anatomical studies that use donor human cadavers. Such sections in anatomical papers will help elevate our discipline and promote standardized language use in others non anatomy journals and also other media outlets that use cadaveric tissues.

### **KEYWORDS**

anatomy, cadavers, dissection, medical ethics; guideline, recommendation, research

# 1 | INTRODUCTION

Statements regarding the ethical use of cadaveric tissues are essential for publications that use human tissues in their research. Moreover, with the recent explosion of cadaveric tissues used on social media, now, more than ever, such statements are imperative. However, there is currently no standardized and agreed upon statement for detailing that appropriate ethical use of cadaveric tissues was followed. To address this, international editors from journals publishing in the anatomical sciences have developed consensus recommendations for acknowledging that ethical considerations of the cadaveric donors were followed during anatomical research. Such recommendations will hopefully add to the veracity of anatomical studies and might also positively influence public attitudes regarding human cadaveric research.

## 2 | RECOMMENDATIONS

Twenty-two Editors-in-Chief representing 17 different countries and from 20 anatomical journals contributed their expertise to these recommendations.

These recommendations include the following:

- The recommendation is applied to any research using human cadaveric donors or human cadaveric tissues in an anatomical study.
- A declaration is included in the methods section of anatomical papers that use human cadaveric donors.

3. An appropriate and agreed upon ethical statement to be used is: The authors state that every effort was made to follow all local and international ethical guidelines and laws that pertain to the use of human cadaveric donors in anatomical research.

Such a statement would pertain to acquisition, storage, dissection, imaging/photography, management of results, and disposal of all tissues.

# 3 | DISCUSSION

Standardized statements regarding the ethical treatment of cadaveric donors are scantly found in most human anatomical studies. Even statements that acknowledge human cadaveric donors in such studies is varied among journals (Gürses et al., 2016). Although some anatomical journals require that an ethical statement is used by authors of anatomical studies, many such studies simply state that the Declaration of Helsinki was followed although strictly, this declaration applies to living subjects and not cadaveric donors. A few publications have outlined the necessary steps for making sure that anatomical studies that use cadaveric donors follow ethical guidelines although these are still often not included in research papers or case reports (Henry et al., 2018). Lack of use of such guidelines might be due to the varied local rules and regulations of the home country of the authors. For example, some countries require institutional review board approval for anatomical studies but others, only require such approval for studies involving living patients. If institutional review board approval for cadaveric research is required, including the protocol approval number

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in anatomical research papers as is the case in animal research, would be desirable. Moreover, although we still support more detailed previously published guidelines (Henry et al., 2018) for authors to use in studies that use cadaveric donors, our hopes are that a simplified and standardized statement in regard to the ethics of cadaveric donor use might be more widely used as was the result of another recent endeavor by anatomical editors for using standardized language for acknowledging human cadaver donors (Iwanaga et al., 2021).

# 4 | CONCLUSIONS

The recommendations reported herein provide the anatomical researcher with simplified language for stating that all local and international guidelines were followed during the use of cadaveric donors in their anatomical study. Additionally, such standard language can be used for oral presentations, posters, case reports, social media (Rai et al., 2019), chapters in books, books and atlases where cadaveric donor bodies and tissues are often shown (Gosh, 2020). Moreover, journals in the anatomical field and other journals (clinical, surgical, and biomedical) publishing studies that use cadaver donors might recommend that such a statement be included in their author guidelines. Such sections in anatomical papers will help elevate our discipline and promote standardized language use in others non anatomy journals and also other media outlets that use cadaveric tissues.

Additionally, a standardized statement on this topic might also increase its use in other peer-reviewed publications outside of the anatomical sciences that use cadaveric tissues e.g., surgical and biomechanical journals.

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